

Barcelona Institute of Science and Technology

The Barcelona Institute of Science and Technology (BIST) and its seven centres, are offering this three day course for doctoral researchers. The aim is to offer the opportunity to focus on developing skills for successful self-management and development to progress in a professional career. We aim to empower participants to live up to their full potential.

BIST GRADSchool 2019 **Residential Course, 29-31 May**



WHAT ARE GRADSCHOOLS?

- GRADschools are three day practical learning and development programmes which enable researchers to reflect upon and develop their skills as doctoral researchers. Often described as 'life changing', alumni form long lasting networks.
- Over the last 10 years over 2000 doctoral researchers have participated and many have returned as mentors or tutors, to inspire and support researchers on their career journeys.
- The programme enables researchers to develop skills that can be applied in their current research and the next steps of their careers.

BENEFITS FOR RESEARCHERS

- develop professional and personal effectiveness
- make a positive impact on career planning and management
- enhance self-awareness, engage with others and challenge assumptions
- broaden a range of skills for becoming a more effective researcher including communication, team working, project management, decision-making, negotiating, creativity and much more!
- meet doctoral researchers from a variety of disciplines, backgrounds, countries, and career stages

COURSE DETAILS

Dates:

May 29-31, 2019 (three full days)

Location:

Hotel Món Sant Benet

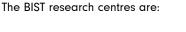
GRADSchool is a VITAE flagship training and development programme for doctoral researchers running for over 40 years. www.vitae.ac.uk/gradschool

BIST has the membership of VITAE

"I feel this is a pivotal point in my life - I now have the selfconfidence and skills to hopefully shape my life"

"Every PhD student should do this course. Very impressive all round."

"The sense of genuine achievement was very tangible. I can honestly say that the course has changed my attitude to work, research and colleagues quite fundamentally"



Member institutions of the board:

























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