

ALMU rules and guidelines for COVID-19 safety measures

Updated 20/10/2021

Restrictive measures are being relaxed, including limitations in gatherings in Catalonia and CRG, and thus, we are also relaxing some measures at ALMU. However, we would like to remind you to keep your guard up at all times and observe the safety measures at ALMU.

The revised rules are as follows:

- Users must wear a face mask at all times covering both mouth and nose, even if they are alone in the room.
- Lab coats are recommended in microscope rooms. However, lab coats are mandatory in the wet lab area.
- NO GLOVES on instruments/keyboards, except when handling the sample. Please use the hand sanitizers at the stations before and after your session.
- Only in justified cases, maximum two users are allowed per instrument.
- We recommend wiping surfaces (keyboards, mouse, touch screens, focus knobs, whatever you are going to touch or you have touched) with 70% ethanol before and after your session. Please wet the tissue with ethanol and not the parts! Thank you.
- Please wipe the eye-pieces with lens cleaning tissue and 70% ethanol. Wet the tissue, not the parts! Thank you. We also recommend using safety glasses.

You will find a poster of these measures on the door of each microscope room for a gentle reminder.

Please act responsibly and leave the systems and the wet lab area as tidy as you would want to find them. Report any safety concerns asap to nadia.halidi@crg.eu

Thank you!