



ALMU rules and guidelines for accessing the facility during the SARS-CoV-2 pandemic

Updated 28/05/2021

We have revised ALMU's COVID measures. We looked at what worked and what did not work in the last one year and updated accordingly in line with CRG's measures as follows:

With the help and support from CRG's facilities and health and safety office, we have installed hand sanitizers at the entrance of each microscope room and placed hand sanitizer bottles at each microscope and workstation. Therefore, gloves should not be used on the instruments. We are reverting back to pre-covid rules: NO GLOVES on instruments/keyboards. We are very grateful to both the facilities and the health and safety teams for facilitating and providing all this to keep us safe.

We have removed the 15 minutes waiting time between booking sessions and lab coats are not compulsory but recommended. Use of safety glasses remains recommended.

The revised rules are as follows:

- Users must wear a face mask at all times covering both mouth and nose, even if they are alone in the room.
- Number of users is restricted to one user per instrument. The instrument can only be used by the person making the booking.
- Users must maintain a distance of at least 1.5 meters between each other.
- Please use the hand sanitizers at the stations before and after your session.
- We recommend wiping surfaces (keyboards, mouse, touch screens, focus knobs, whatever you are going to touch or you have touched) with 70% ethanol before and after your session. Please wet the tissue with ethanol and not the parts! Thank you.
- Please wipe the eye-pieces with lens cleaning tissue and 70% ethanol. Wet the tissue, not the parts! Thank you. We also recommend using safety glasses.

You will find a poster of these measures on the door of each microscope room for a gentle reminder.

Please act responsibly and leave the systems and the wet lab area as tidy as you would want to find them. Report any mess you may find or safety concerns asap to nadia.halidi@crg.eu

Thank you!